

INTERNATIONAL SISTER

March 2020

Free Block Designed by Sew Preeti Quilts
Block Size: 10 1/2 inches (unfinished)

To see detailed photos of how to make this block, go to
<https://sewpreeti quilts.blogspot.com/2019/05/international-sister-block.html>.

Choose a bold print for the dress, such as fabrics from Mali, Ghana, South Africa, Japan, or Australia; Kaffe Fassett fabrics; large-scale florals; bold stripes, etc.



Fabric Requirements & Cutting Directions

Dress (bold print)

- One (1) square 7" x 7" (skirt)
- Two (2) rectangles 1 1/2" x 4" (sleeves)
- One (1) rectangle 2" x 2 1/2" and One (1) rectangle 2" x 4" (headdress)

Face and Hands (fleshtone)

- One (1) square 2 1/2" x 2 1/2" (face)
- Two (2) squares 1 1/2" x 1 1/2" (hands)

Background (white or white-on-white)

- Two (2) small rectangles 1 1/2" by 3 1/2"
- Two (2) rectangles 3" by 7"

Sewing Instructions

1. Begin by sewing the hands to the background. Draw diagonal lines on the wrong sides of the 1 1/2" fleshtone squares (hands). Place one of the squares right sides together on the end of a 1 1/2" x 3 1/2" background rectangle. Sew on the line. Look at the photo of the block for correct placement of the square and the sewn line. Trim 1/4" from the sewn line, discard the corners, and press the seam. Make another. Note that the sewn line is done differently on the second hand.
2. Sew the sleeves to the hands.
3. Add the headdress to the face by sewing the 2" x 2 1/2" rectangle to the left side of the face and the 2" x 4" rectangle to the right side of the face.
4. Arrange all the pieces on the board.
5. Sew a 3" x 7" background rectangle to the left sleeve, then sew this unit to the left side of the skirt.
6. Sew a 3" x 7" background rectangle to the right sleeve, sew this unit to the head, then sew to the right side of the skirt.
7. Press the block.

The block should measure 10 1/2" x 10 1/2", THE SIZE FOR THIS BOM.